

Kid's Top Ten Questions About Death and Dying

- What does “dying” mean? What happens when someone dies? What does dying look like? What happens to the body when someone dies? Is it the same as falling asleep? What does it mean to “lose” someone?
- What do I say to my loved one when I visit? How do I know she can hear me?
- What if I don't want to be there when my loved one dies? Do I have to be there? Will I regret not being there?
- What does cremation mean? How does someone get buried? What happens at the cemetery?
- Should I go to the funeral/wake/memorial service? What will that be like? What will I do there? What should I say? What are the expectations? Will I have a role?
- How do I explain this to my friends? How will it be when I go back to school?
- Is it ok to want to go back to doing the things that I like to do? Or, I don't feel like doing things I normally do, is this normal?
- What happens to a person when they have Cancer/Heart Disease/COPD/ or any other disease? Will I get it? Will others in my family get it?
- I think this whole thing is my fault. If I hadn't said/done/didn't do _____, then my loved one would be ok.
- Will I be ok? Will my family be ok? How long will it be before we feel better?

